

Mahragan El Keraza 2022



Workbook

Grades 3-4



“ Finally, brethren, farewell. Become complete. Be of good comfort, be of one mind, live in peace; and the God of love and peace will be with you.”

2 Corinthians 13:11



live in peace

Therefore you also be ready, for the Son of Man is coming at an hour you do not expect. (Matt. 24:42)



H.H. Pope Tawadros II

Pope of Alexandria &
Patriarch of the See of Saint Mark



H.G. Bishop David

Bishop of the Diocese of New York
and New England



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Dear parents and Sunday-School teachers, please help your child learn the material from the textbook and answer all the questions in this workbook.





Elisha, the Lad and the Meaning of True Peace (2Kings 6:8-23)

1. After the death of King _____, the kingdom split into _____.
- a. Jeroboam, three
 - b. Rehoboam, two
 - c. Solomon, two
 - d. Saul, three

2. The Northern Kingdom was called _____ and its capital was _____.

- a. Judah, Samaria
- b. Israel, Jerusalem
- c. Judah, Jerusalem
- d. Israel, Samaria

3. The Southern Kingdom was called _____ and its capital was _____.





- a. Judah, Samaria
- b. Israel, Jerusalem
- c. Judah, Jerusalem
- d. Israel, Samaria

4. The King of _____ was continuously trying to gain victory over the Israelites.

- a. Amalek
- b. Aram
- c. Babylon
- d. Moab



5. When Elisha knew about the King of Aram's plans, what did he do?





6. The King of Aram sent for _____ because God was revealing his battle plans to him.

- a. Elisha
- b. Elijah
- c. Hosea
- d. Habakkuk

7. Below, write a verse which tells us how Elisha comforted his servant who was afraid of the army of the King of Aram.

8. God opened _____'s eyes to comfort him and closed _____'s eyes to protect the Israelites.

- a. Elijah, Jezebel
- b. Elisha, the Syrians
- c. Jeremiah, the Babylonians
- d. Nehemiah, the Assyrians



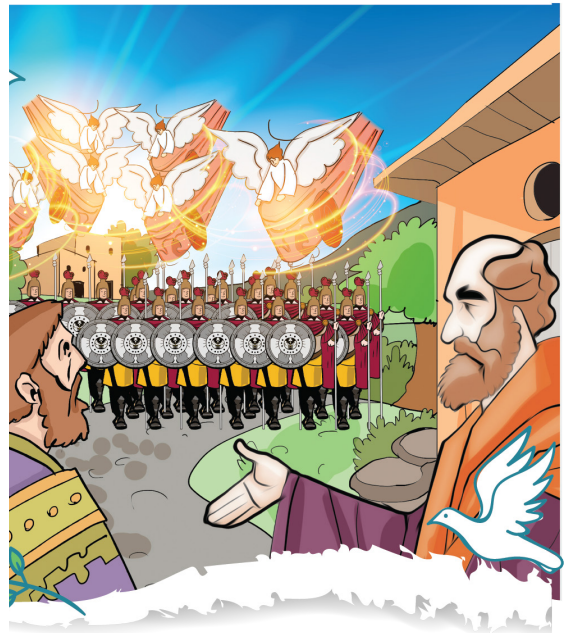


9. While God closed the Syrians' eyes,
Elisha led them to _____.

- a. Jericho
- b. Canaan
- c. Judea
- d. Samaria

10. At first, the King of
Israel thought that
God helped Elisha
bring the Syrians to
Samaria in order to
_____ them.

- a. Kill
- b. Help
- c. Feed
- d. Clothe





11. Below, please write a verse which tells us how Elisha advised the King of Israel to treat the Syrians using the concept of true peace.

12. True peace is marked by _____.

- a. Victory
- b. Absence of conflict
- c. Love
- d. Winning the argument





Our life in Heaven

1. Write a verse that shows how God initially created humankind.

2. The Punishment of sin applies to

_____.

- a. Adam
- b. Eve
- c. The descendants (children) of Adam and Eve ONLY
- d. All of the above





3. Using the example of a light bulb getting disconnected from the power, explain what sin did to humans.

4. The wage of sin is _____.

- a. Purgatory (punishment for a little bit)
- b. Nothing
- c. Having to confess
- d. Death



5. Another consequence of sin was _____.

- a. Getting sick because the forbidden tree had toxic fruit
- b. Humans were cast out of Paradise
- c. Having to take care of the Garden of Eden
- d. Starving to death





6. Write two things humanity needed to do in order to restore life with God

a. _____

b. _____

7. The first promise God gave us in the plan for salvation was _____.

a. He will be crucified and die

b. He will be born of a virgin and will conquer the devil

c. He will work miracles while on the earth

d. He will raise the righteous people from Hades

8. Write a verse which prophecies that through the Incarnation, Christ will conquer the devil.





9. List two other promises God gave us pertaining to the salvation plan

a. _____

b. _____



10. Which of the following is NOT one of the results of the salvation?

a. We believe in the Lord Jesus

b. The judgement of death is still upon us

c. The Holy Spirit dwells in us through the sacrament of Myron

d. If we sin, we can repent and confess our sins



11. Write a verse which tells us about the reason for Our Lord Jesus Christ's Ascension





12. A body suitable for Heaven does not get _____.

- a. Hungry
- b. Thirsty
- c. Weary
- d. All of the above



13. Below, please write a verse to tell how Heaven looks like.





The Anaphora - (The Divine Liturgy)

1. In all church prayers, Abouna starts by saying _____.

- a. Stand for prayer
- b. Peace be with you all
- c. Absolve me
- d. The Absolution



2. When Abouna says, "Peace be with you all," the congregation responds by saying _____.

- a. Amen
- b. Lord Have Mercy
- c. And with your spirit
- d. Christ is Risen





3. Peace is so important for our spiritual lives and the church community in the Body of Christ that there is a specific _____ for peace.

- a. Doxology
- b. Absolution
- c. Lobsh
- d. Litany



4. During the Liturgy, we remember everything EXCEPT this event in Christ's life.

- a. Death
- b. Resurrection
- c. Ascension
- d. All of the above are remembered during the liturgy

5. Write the three parts of personal preparation before Liturgy and describe each one.

a. _____





b. _____

c. _____

6. Before partaking of the Holy Communion, we must fast for _____ hours.

- a. 10
- b. 15
- c. 9
- d. 24





7. The raising of incense prayers takes place _____.

- a. The day after the day after the Liturgy
- b. The night before the Liturgy
- c. The morning of the Liturgy
- d. Both B and C are correct

8. The priest and the deacons dress in their Tunias BEFORE the morning raising of incense.

- a. True
- b. False



9. Below, please describe which event in the liturgy happens after the morning raising of incense with all of its details and components.





10. The priest chooses the most _____ Kourbana for the Lamb.

- a. Round
- b. Perfect
- c. Blemished
- d. Flour-y

11. While the priest selects the lamb, the congregation sings "Kyrie Eleison" _____ times.

- a. 10
- b. 12
- c. 45
- d. 41





12. When the priest lifts the Lamb upon his head, he stands at the _____.

- a. Middle of the church
- b. Entrance of the altar
- c. Bosom of the Father
- d. Baptismal font

13. Below, please write a prayer which the priest says for the church's peace.





14. The _____ Prayer begins all liturgical services

- a. Thanksgiving
- b. Midnight
- c. Prime
- d. Psalm 150

15. The _____ covers the chalice and paten on the alter

- a. Triangular handkerchief
- b. Ark
- c. Abrosfareen
- d. Veil of the alter

16. The _____ symbolizes the _____.

- a. Kourbana chosen for the lamb, Disciples
- b. Abrosfareen, Rock at Christ's tomb
- c. Triangular handkerchief, Seal on the tomb's door
- d. Both B and C





17. The Katamares is read during the Liturgy of the Faithful

- a. True
- b. False

18. Below, please name the 6 readings of the Liturgy of the Catechumens and describe them.

- a. _____

- b. _____

- c. _____

- d. _____

- e. _____

- f. _____





19. The Reconciliation Prayer tells us about how God reconciled the _____ with the _____.

- a. Animals, humans
- b. Angels, Satan
- c. Heaven, earth
- d. Adam, Abraham

20. After the reconciliation prayer, the _____ is lifted, symbolizing Christ's _____.

- a. Abrosfareen, Resurrection
- b. Triangular handkerchief, Ascension
- c. Ark, Baptism
- d. Abrosfareen, Ascension





21. The Liturgy of the _____ begins after _____.

- a. Word, the Creed
- b. Word, the Anaphora
- c. Believers, the Prayer of Reconciliation
- d. Believers, the Anaphora

22. Write the three sentences said during the Anaphora.

- a. _____
- b. _____
- c. _____

23. Christ started the sacrament of Eucharist on _____.

- a. Covenant Thursday
- b. Good Friday
- c. Passover
- d. Feast of Atonement

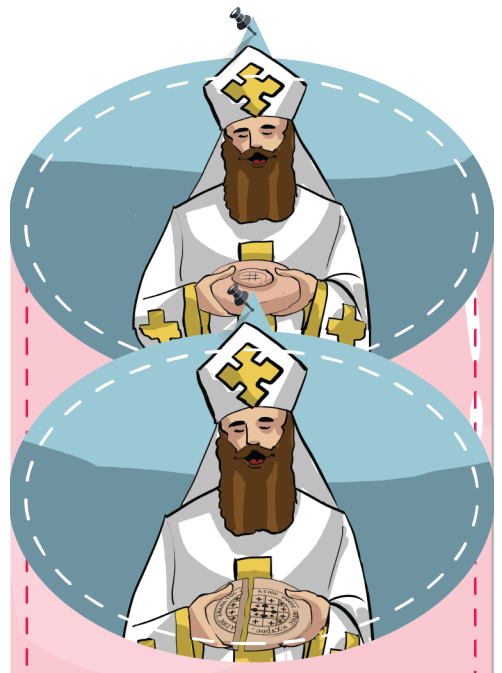




24. Write a verse which tells us about the condition for entering Heaven

25. The _____ is the Holiest part of the Liturgy.

- a. Readings
- b. Anaphora
- c. Reconciliation Prayer
- d. Consecration





26. _____ descends upon the Bread and the wine to consecrate them

- a. The Holy Spirit
- b. Angels
- c. Elijah the Prophet
- d. The priest

27. The presence of the Heavenly church is felt during the Liturgy in the Commemoration of the Saints.

- a. True
- b. False





28. During the Fraction Prayer, the priest _____.

- a. Crosses the incense
- b. Breaks the Bread which has been changed into the Body of Jesus Christ
- c. Offers incense before the Bosom of the Father
- d. Distributes communion to the congregation

29. Below, please write how the priest dismisses the people after Communion.





Saint Peter and Walking on the Water *(Matthew 14:13-33)*

1. Innate fear helps us avoid

_____.

- a. Being scared
- b. Hurting ourselves
- c. Being Happy
- d. Conflict



2. If our instinctive fear INCREASES, we will become _____. If our instinctive fear DECREASES, we will become _____.

- a. Happy, Sad
- b. Careless, Anxious
- c. Anxious, Careless
- d. Peaceful, loving





3. Write a verse which tells us how God created fear within us.

4. Jesus told his disciples to get on a boat and leave after the miracle of _____.

- a. Feeding the multitude
- b. Healing the born blind man
- c. Raising Lazarus
- d. Healing the paralyzed man





5. Jesus went to the disciples in the _____ watch of the night

- a. First
- b. Second
- c. Third
- d. Fourth



6. At first, the disciples thought Jesus was _____.

- a. St. Mary
- b. A ghost
- c. A gardener
- d. A fisherman

7. Below, please write a verse which tells us what Jesus said to the disciples as He walked on the water.





8. God teaches us that it is wrong to be scared.

- a. True
- b. False

9. _____ responded to Jesus saying "Lord, if it is you, command me to come to You on the water."

- a. John
- b. James
- c. Andrew
- d. Peter

10. When Peter's eyes were focused on Jesus, he was able to walk on the water.

- a. True
- b. False





11. When Peter became afraid of the rowdy waters, he started to _____.

- a. Cry
- b. Sink
- c. Shout
- d. Swim

12. Below, please write what Peter did when he was afraid and why that is the right thing to do.

13. Below, please write a verse which tells us what Jesus told St. Peter after He saved him from drowning.





14. If we get scared we should
- a. Remember that God is almighty
 - b. Pray
 - c. Practice the means of Grace
 - d. All of the above

15. Below, please explain what the meaning of "means of Grace" is. Write down 4 examples.

- i. _____
- ii. _____
- iii. _____
- iv. _____





Pope Peter the Seal of Martyrs

1. Pope Peter was named _____

from a very young Age

- a. Peter
- b. A holy man
- c. The Brilliant Teacher
- d. The Seal of the Martyrs

2. Pope Peter's mother was named _____.

- a. Emelia
- b. Eunice
- c. Lois
- d. Sophia





3. Pope Peter's mom was barren, she could not have children, so she went to pray for a son on the feast of _____.

- a. Pentecost
- b. St. Peter & St. Paul
- c. St. Mary
- d. St. Rebecca



4. In your own words, write down what Sophia, Pope Peter's mother, promised if God gave her a son

5. In her dream, St. Peter and St. Paul told Sophia to go to _____.

- a. Anba Abraam
- b. Pope Theonas
- c. Pope Alexandros
- d. Anba Athanasius





6. Sophia's husband, Pope Peter's father was a _____.

- a. Fisherman
- b. Farmer
- c. Teacher
- d. Priest

7. _____ told Pope Peter's parents to name him Peter.

- a. Pope Demetrius
- b. Pope Theonas
- c. Pope Alexandros
- d. Pope Athanasius

8. Pope Peter went to _____ for theological school

- a. Alexandria
- b. Greece
- c. Rome
- d. Cairo





9. When Pope Peter was _____ years old, he became a deacon and memorized the _____

- a. 10, the Orthodox Creed
- b. 11, Prime Hour of the Agpeya
- c. 12, Old and New Testament
- d. 13, Absolution of the Priests

10. Pope Peter was ordained a priest at the age of _____.

- a. 25
- b. 24
- c. 20
- d. 16

11. In the Theological school, Pope Peter was appointed as a _____.

- a. Dean
- b. Leader
- c. Janitor
- d. Head teacher





12. Describe the vision Pope Theonas had when he became sick

13. After this vision, Pope Theonas told the people that _____ will be his successor (comes after him).

14. Pope Peter was the _____ pope of Alexandria

- a. 10th
- b. 12th
- c. 15th
- d. 17th

15. _____ was the emperor at the time of Pope Peter

- a. Nero
- b. Diocletian
- c. Constantine
- d. Herod





16. Below, please write a verse which helps us have faith in God's power even during times like the persecution of Diocletian.



17. Below, please share what the heresy of Arius was.





18. Because Pope Peter wrote articles against _____, the king arrested him and wanted to behead him.

- a. Arius
- b. Nestorius
- c. Paganism
- d. Gnosticism

19. Arius asked _____ and _____ to ask Pope Peter to absolve him.

- a. Alexandros, Athanasius
- b. Alexander, Archelaus
- c. Nestorius, Diocletian
- d. Constantine, Athanasius

20. Below, please describe the vision Pope Peter had of our Lord Jesus Christ wearing the torn robe.





21. When Pope Peter was in prison and the people came to try and save him, he requested _____.

- a. To exit from the back doors
- b. To be beheaded inside
- c. To have them taken away
- d. To be released from prison





22. On the way to his execution, Pope Peter asked to stop by _____.

- a. His favorite cathedral
- b. The tomb of St. Mark
- c. The tomb of Pope Theonas
- d. Arius's home

23. Below, please write the prayer Pope Peter said at the tomb of St. Mark the Evangelist.





24. Below, please write what the voice from Heaven said about Pope Peter.

25. Pope Peter was beheaded on _____.

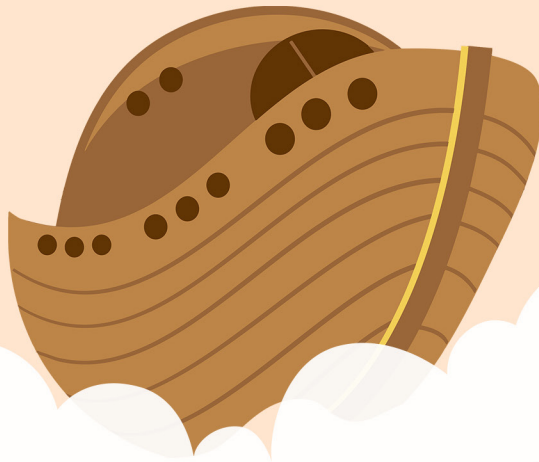
- a. Abib 5
- b. Baramhat 23
- c. Baramouda 25
- d. Hatour 29





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