Workbook



Grades 3-4

MAHRAGAN EL KERAZA

Workbook



The Lord is my light and my salvation; whom shall I fear? Ps 27:1







H.H. Pope Tawadros II

Pope of Alexandria & Patriarch of the See of Saint Mark



H.G. Bishop David

Bishop of the Diocese of New York and New England



Table of Contents

イ

THE LORD IS MY LIGHT & SALVATION

Grades 3-4

WHOM SHALL I FEAR? "PS 27:1"

The Lord Our God

The Lord is the Light to Our Path

> Th Mystery of Our Salvation

The Fortress for Our Lives

> Peace in Our Troubles



1. God being the Pantocrator is an attribute unique to Him. A.True B. False

- 2. The 'Bosom of the Father' is an icon that reminds us of
- A. God the immeasurable
- C. God the Pantocrator

B. God the Unlimited

D.God the unchangeable

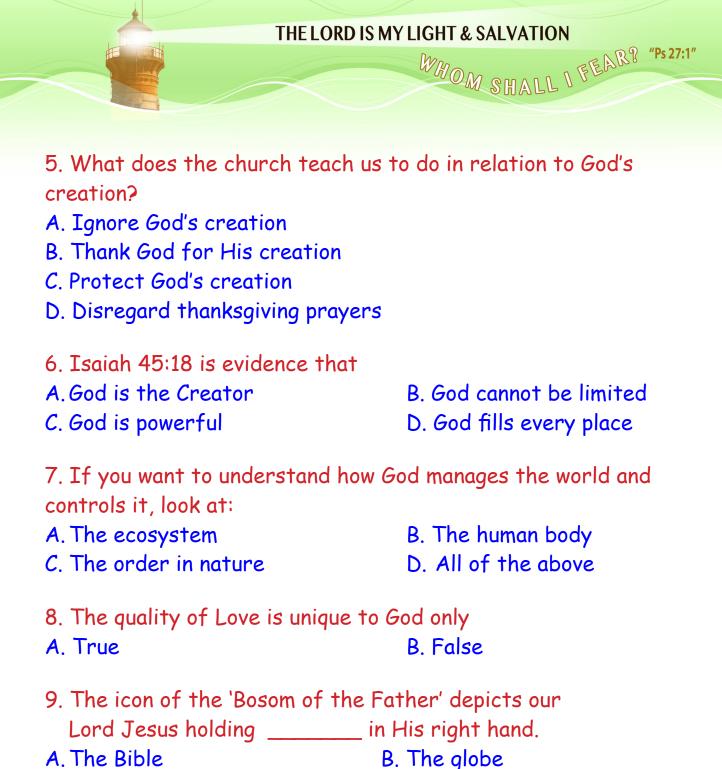
3. The shape of a circle is chosen to remind us of the Eternity of God because
A. A circle has no beginning or end
B. A circle has smoother edges than other shapes
C. A circle represents unity and harmony
D. A circle is easy to draw

4. Humans create things all the time, such as a carpenter creating a chair



A. True

B. False



C. A shepherd's staff D. A lamb

10. What does Psalms 90:2 provide evidence for?



THE LORD IS MY LIGHT & SALVATION WHOM SHALL I FEAR? "PS 27:1"

- A. God's creation
- B. God's everlasting presence in time and place
- C. God's eternal love to us
- D. God's infinite power

11. List the 4 things we can do in return to all what God does for us:

1. _____ (We thank Him for

teaching us about His attributes)

- 2. _____ (Ask for anything you need in your prayers)
 3. _____ (Trust that God will

keep his promises to us)

4. _____ (Show the sweet image

of God that glorifies His name)

12. How does God's power over the ecosystem compare to natural conditions?

- A) God's power is equal to natural conditions
- B) God's power is weaker than natural conditions
- C) God's power is stronger than everything in the ecosystem
- D) None of the above
- 13. Your friend at school asks you to provide evidence that God is unchangeable. He never changes His attributes or His







- 1. You just witnessed two of your friends arguing. What is the first thing you would do?
- A. Walk away since this doesn't affect you
- B. Calm them down and help them
- C. Join them and take sides
- D. Inform a trusted adult right away
- 2. A person just insulted you but you choose not to insult them back because You remembered verse _____ that indicates we should not return evil for evil.
- A. Timothy 1: 14
 - B. 1 John 2:4
- C. 1 Peter 3:9
 - D. Matthew 5:13
- 3. What are the four steps that you should take when you find yourself in an argument with a friend:



THE LORD IS MY LIGHT & SALVATION WHOM SHALL I FEAR? "PS 27:1" A. Stop _____ (the insults) B. Stop _____ (the arguments) C. Stop _____ (the gossip) D. Stop _____ (ignoring your feelings) 4. "Be _____ and do not sin. Do not let the sun go down on your anger." (Ephesians 4:26) A. Calm B. Forgiving C. Angry D. Sad 5. In the parable of the unforgiving servant, who does the king represent? A. Jesus Christ B. Saint John C. Saint Peter D. Us 6. How much did the servant owe the king? A. A hundred talents B. A thousand talents C. Five thousand talents D. Ten thousand talents 7. How much did the second servant owe the first servant? A. Fifty denarii B. A hundred denarii C. A thousand denarii D. Five thousand denarii

- 8. What did the servant do after his debt was forgiven?
- A. He celebrated with his friends
- B. He went home happily





- C. He told everyone in the city
- D. He refused to forgive another servant who owed him money

9. What does the parable of the unforgiving servant teach us?

(When we forgive one another here on earth, God will forgive him his sins in heaven. And he who will not forgive his brother here on earth, God will not forgive him either)

10. In some cases, forgiving someone might make you seem weaker.

- A.True B. False
- 11. When someone sins against you, you should
- A. Ignore your feelings and forgive them
- B. Go accuse them and teach them a lesson
- C. Go tell Abouna right away
- D. Talk to them quietly about your feelings
- 10. You have to confess to God in front of your Father of



THE LORD IS MY LIGHT & SALVATION WHOM SHALL I FEAR? "PS 27:1"

Confession about the bad feelings you had towards your friend.

A.True

B. False

11. What does it mean to ask for your rights in a respectful manner?

A. Showing love and explaining to the person what they did wrong

- B. Asking adults to intervene
- C. Ignoring the person's behavior
- D. Telling the person we are angry

12. When did Jesus Christ tell the parable of the Unforgiving servant?

A. On the sermon on the mountain

B. When Saint Peter asked him how often he should

forgive his brother

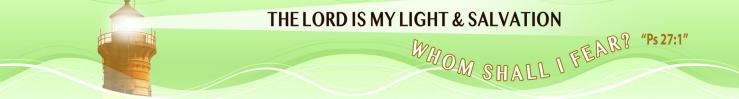
C. After feeding the 5000

D. During the last supper

13. The parable of the unforgiving servant is found inA. Matthew 9B. John 14C. MatthewD. John 6

14. You have just fought with your friend. You know that what both of you have done is wrong. What





is one thing that will make you feel better

- A. Complaining to your Father of Confession
- B. Telling your friend's parents
- C. Ignoring your friend until he apologizes
- D. Forgiving your friend and reconciling with them
- 15. One thing that will help you work towards forgiveness and reconciliation is learning how to express your feelings without insulting others.
- A. True B. False
- 16. What does our Lord Jesus Christ teach us about reconciliation? (Provide the verse)

17. If someone tries to hit you, what is a christian way to deal with them?

A. Block them and firmly explain that their behavior is wrong

B. Hit them back since they asked for it

C. Do nothing and let them hit you since you

are supposed to turn the other cheek

D. Both A & B



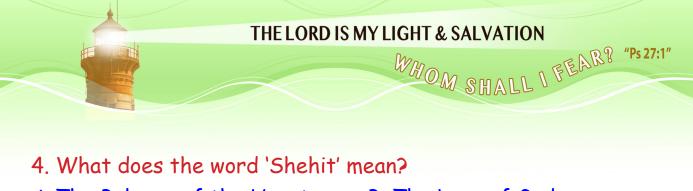
- 1. Where was Abba Samuel born?
- A. Malig elnasara
- C. Jerusalem

- B. Alexandria D. Rome
- 2. What religious rank did Samuel achieve when he was young?A. Priest B. Bishop C. Deacon D. Monk

3. What did Samuel do with his possessions after his father went to heaven?

- A. Took them with him to a monastery
- B. Sold them and gave them to the poor
- C. Gave him to his friends
- D. Buried them





A. The Balance of the Heart
B. The Love of God
C. The Wisdom of God
D. The softness of the Heart

5. Who did Samuel learn from the monastery of Abba Macarius?A. Abba SilasB. Abba Agathon

A. Abba SilasB. Abba AgathonC. Abba JosephD. Abba Peter

- 6. Who was the 38th Patriarch during Abba Samuel's life?
 A. Pope Cyril
 B. Pope Athanasius
 C. Pope Benjamin
 D. Pope Gregory
- 7. What did the Roman State want the Christians to approve?
 A. The Tome of Leo
 B. The Nicene Creed
 C. The Apostles's creed
 D. The Gospel of Saint John

8. We believe in _____ nature(s) of the Lord Jesus Christ, while the Roman State taught that Christ had _____ nature(s).
A. Two, Three B. One, Two
C. Two, One D. Three, Two





9. Briefly explain how the Divinity of Jesus Christ is related to His Humanity?

10. What verse would you use to prove to someone that Jesus Christ is God, the Incarnate Word?

11. How did the governor's representative react to Abba Samuel's refusal of the new Roman beliefs?

- A. He enticed him with gold and riches.
- B. He didn't care and left to go to another monastery.
- C. He ordered soldiers to beat him and kicked him out of the monastery.
- D. Abba Samuel preached to the Representative and converted him.



THE LORD IS MY LIGHT & SALVATION WHOM SHALL I FEAR? "PS 27:1"

- 12. Abba Samuel was the only one in the monastery to refuse Rome's new beliefs. B. False
- A. True
- 13. While living in _____, Abba Samuel was taken captive the by the _____ A. Monastery, the Governor's soldiers B. Mount Qalamoun, barbarians
- C. Mount Mokattam, barbarians
- D. Mount Mokattam, the Governor's soldiers
- 14. What did Abba Samuel new captives worship? A. The Universe B. The Sun C. God D. None. They were atheists.
- 15. Briefly explain what happened with Abba Samuel new captives when the chief's son got sick.



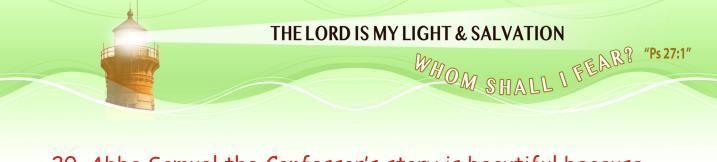


- 17. Why is Abba Samuel called Abba Samuel the confessor? A. He defended the faith but was not martyred or killed.
- B. He confessed his sins to our Lord Christ constantly.
- C. He taught other monks in the monastery the true meaning of confession and repentance.
- D. He died defending the faith.

18. Who appeared to Abba Samuel to make him feel better?
A. Jesus Christ
B. Saint Athanasius
C. Archangel Michael
D. Saint Mary

19. Abba Samuel showed us the meaning of the verse that says:





20. Abba Samuel the Confessor's story is beautiful because it shows us that following in the footsteps of Christ and his teachings will lead us to the right path.

A. True

B. False

21. When Jesus Christ did a miracle, He performed it with the power of His Divinity. This means that his Humanity would separate from His Divinity during the time of the miracle and come back after the miracle.

A. True

B. False





- 1. Water is important in Christianity because it:
- A. Helps make a new life
- B. Helps us quench our thirst in hot days
- C. Helps maintain plants and trees, which are the creation of God
- D. Was created by God
- 2. What group did Nicodemus belong to?
- A. Scribes B. Pharisees
- C. Tax collectors D. Sadducees
- 3. What did the Pharisees think of themselves?
- A. They were the most important people
- B. They were the humblest people
- C. They were the poorest people
- D. They were the most loving people.



THE LORD IS MY LIGHT & SALVATION WHOM SHALL I FEAR? "Ps 27:1"

- 4. How did Nicodemus feel about Christ's actions?
- A. Angry
- C. Jealous

- B. Indifferent
- D. Impressed
- 5. Why did Nicodemus want to meet our Lord Jesus Christ?
- A. He wanted to argue with him about His teachings
- B. He wanted to follow Him and become one of this disciples
- C. He wanted to ask Him questions.
- D. He wanted to ask Him for a favor
- 6. Nicodemus thought that Jesus Christ came from God because:
- A. Jesus said so Himself
- B. Jesus did marvelous miracles
- C. Jesus seemed wise in His teachings
- D. Jesus was kind to everyone

7. What did Jesus mean when He said that we have to be born again?



THE LORD IS MY LIGHT & SALVATION WHOM SHALL I FEAR? "Ps 27:1"

8. Provide the verse that explains the New Birth.

- 9. Nicodemus had great love for the Lord Jesus. When did he show his love for Jesus Christ?
- A. When the Pharisees decided to crucify the Lord Jesus, Nicodemus did not agree with them.
- B. Nicodemus and Joseph of Arimathea took care of the Body of the Lord Jesus after He died on the Cross
- C. Nicodemus tried to convince Pontius Pilate to not crucify Jesus Christ
- D. A & B

10. Provide a verse that mentions confirmation of Baptism after Resurrection.



THE LORD IS MY LIGHT & SALVATION WHOM SHALL I FEAR? "Ps 27:1"

- 11. From where did we inherit our need for salvation?
- A. The teachings of Moses
- B. The Bible
- C. The sins of Adam and Eve
- D. The teachings of Abraham
- 12. How are our sins forgiven?
- A. Because our Lord Jesus Christ died for us
- B. Because we are Christians and follow the 10 commandments
- C. Because we give offerings to God
- D. A & B

13. What does Baptism signify in relation to Jesus' redemption?

- A. We accept the Bible
- B. We accept Jesus redemption
- C. We become sinless
- D. We become Christians





14. What was renewed through Jesus's redemption?
A. Our faith in God
B. Our wisdom
C. Our critical thinking abilities
D. Our corrupted nature

15. The church ensures that baptism happens only once and does not repeat it.

A. True

B. False

16. The sacrament of Baptism is also known as:

A. The sacrament of water

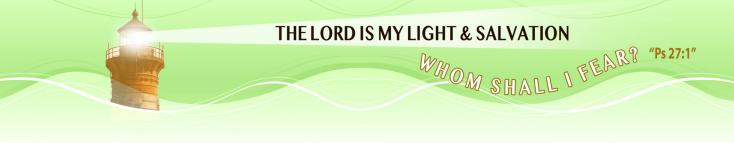
B. The sacrament of sacraments

C. The sacrament of redemption

D. The sacrament of life

16. In baptism, the child is immersed in the water _____ times
(a boy is after _____ days and a girl after _____ days) in the
Name of the Trinity (the Father, the Son, and the Holy Spirit.
A. 3, 40, 80
B. 3, 80, 40
C. 6, 40, 80
D. 6, 80, 40





17. After that, the child receives the Sacrament of Chrismation. In it, Abouna anoint the baptized ______
crosses in every part of his body.
A. 3 B. 15 C. 30 D. 36

18. How does the church dress the newborn?

19. Through Baptism, we become members of the body of Christ.

A.True

B. False

20. The Church is the _____, while Jesus is the _____.
A. Body of Christ, head of the body
B. Head of Christ, body
C. Members of the body of the Christ, body

D. None of the above





4. What did Daniel and his friends request to eat instead of everyone else?

- A. Only sandwiches
- C. Legumes

- B. Only vegetables and fruits
- D. Anything but meat





5. After 10 days, the master of the eunuchs found Daniel and his friends _____ and _____ than the rest of the young men.

A. Weaker, slower

B. Cleverer, faster

C. Stronger, smarter

- D. Bigger, wiser
- 6. What did Daniel do after he bravely asked the king 57 B 57 to give him some time to tell him the dream and explain it?

7. In the King's dream, what happened to the statue after it was struck by the stone?

- A. It melted into gold
- B. It became a mountain and engulfed a whole city
- C. It was crushed by dust and blown away by the wind
- D. It morphed into a human





- 8. What did the stone that struck the statue become?
- A. A great city
- C. A great statue

B. A great mountainD. A great sword

9. According to Daniel, what did the different parts of the statue symbolize?

- A. Kingdoms that will rule the world
- B. Kings that will rule one kingdom over a period of time
- C. Treasures that the kingdom of Babylon will get
- D. Different tribes becoming captives to Babylon

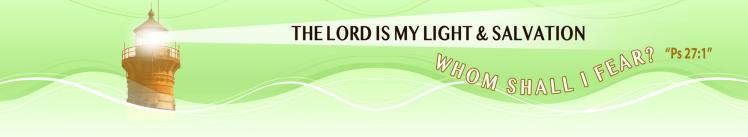
10. What did the big stone symbolize in Daniel's explanation of the dream?





- 12. What kingdoms took over Babylon?A. MediaB. PersiaC. JerusalemD. A & B
- 13. Who was the king at that time?A. King NebuchadnezzarB. King AhabC. King DariusD. King Josiah
- 14. Why did the king love Daniel?
- A. Because of his great wisdom and honesty
- B. Because of his kindness and chastity
- C. Because of his strength and power
- D. Because of his intelligence and cleverness





15. The decree issued by the ministers stated that : "Anyone who asks anything from any god or human other than you, Your Majesty, for a period of 30 days shall be thrown into the lion's den".

A. True

B. False

16. Provide the verse that was said by the King to Daniel before he was thrown in the lion's pit.

17. How did Daniel prove that Baal was not eating the food?

- A. He spread ashes on the ground
- B. He stayed overnight in the temple
- C. He destroyed the statue
- D. He asked the king to set a trap





18. How did Baal priests trick everyone into thinking that Baal eats the food?

- A. They bribed the king's guard
- B. They used secret passages to enter and eat the food
- C. They didn't trick anyone. Baal was eating the food
- D. They break into the temple overnight to eat the food

19. What lesson did the king learn from Daniel's actions?
A. Daniel is a magician
B. Baal is a real God, but Daniel's God is real too
C. Statues can perform miracles
D. Beal is not a real God and the True God is the area

D. Baal is not a real God and the True God is the one Daniel worships

20. What is the most important lesson we learn from Daniel's life?







Through the grace of God and under the auspices of His Grace Bishop David, Bishop of the Diocese of New York and New England. This Mahragan book was translated and formatted by the blessed servants of the Coptic Orthodox Diocese of New York and New England. All material was translated from the Arabic Language to the English Language.



THE LORD IS MY LIGHT & SALVATION WHOM SHALL I FEAR? "Ps 27:1"



COPTIC ORTHODOX PATRIARCHATE DIOCESE OF NEW YORK & NEW ENGLAND

www.MahraganNYNE.org