

# Mahragan El Keraza 2023



.....So that you surely

# Rejoice!

**Workbook** | Grades 1-2



“Seven days you shall keep a sacred feast to the LORD your God in the place which the LORD chooses, because the LORD your God will bless you in all your produce and in all the work of your hands, so that you surely rejoice.”

Deuteronomy 16:15



Rejoice!

Deuteronomy 16:15



H.H. Pope Tawadros II

Pope of Alexandria &  
Patriarch of the See of St. Mark



H.G. Bishop David

Bishop of the Diocese of New York  
and New England

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Dear parents and Sunday-School teachers, please help your child learn the material from the textbook and answer all the questions in this workbook.



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Deuteronomy 16:15



1) To confirm that the Lord Jesus has risen and defeated death, we need to know that:

- a) The tomb was empty
- b) The burial garments were folded neatly inside the tomb
- c) The Lord Jesus appeared to many people for 40 days after His resurrection
- d) All of the above

2) What were the 2 disciples of Emmaus doing while they were returning home from Jerusalem?

- a) They were talking about the other disciples
- b) They were talking about all of the things that happened to Jesus Christ
- c) They were talking about what to do with their lives



3) Did the 2 disciples know at first that it was Jesus who was walking next to them?

a) Yes

b) No

4) What was the name of one of the two disciples of Emmaus?

a) John

b) Cleopas

c) Matthew

5) What did Jesus ask them as they were walking?

a) He asked them where they were going

b) He asked them for directions

c) He asked them what they were talking about and why they were sad

6) What had happened in Jerusalem those days?

a) The Lord Jesus was arrested and was crucified and died on the cross

b) The Barbarians attacked Jerusalem

c) A bad storm destroyed Jerusalem

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7) Why were the Disciples sad about what happened in Jerusalem?

- a) Because they loved Jerusalem and did not want to see it destroyed
- b) Because they had thought that the Lord Jesus was the one that came to save and redeem his people
- c) Because they did not want to return to Emmaus

8) Who were the first people to go to the tomb after Jesus died on the cross?

- a) Some women who went there to put spices on his body
- b) His disciples
- c) The 2 disciples of Emmaus

9) What did one of the 2 disciples first tell Jesus when he asked them why they're sad?

- a) He said they're sad because they miss their friends the other disciples
- b) He said to him "Are you the only stranger in Jerusalem and do you not know what happened in these days"
- c) He said to him they're sad because they left Jerusalem



10) When people first arrived at the Lord Jesus's tomb, what did they find?

- a) They found the stone removed from the tomb and the Body of the Lord Jesus missing
- b) They found an army camped around the tomb
- c) They found all the other disciples

11) Who told the people who went to the tomb early in the morning that the Lord Jesus rose from the dead?

- a) The disciples of Emmaus
- b) The angels
- c) The guards

12) Who were the second people to go to the tomb and find it empty after Jesus died on the cross?

- a) The Jewish leaders
- b) The roman leaders
- c) Some disciples

13) Why was Jesus's resurrection very confusing?

- a) Because the stone on the tomb was very heavy
- b) Because it never happened before that someone rose from the dead after 3 days all by himself
- c) Because dead people don't rise again





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14) Why did the lord Jesus get upset with the Emmaus disciples?

- a) Because they left Jerusalem and went back to Emmaus
- b) Because they did not know right away that he was the one walking next to them
- c) Because they had forgot what the prophets said about the Lord Jesus in the Old Testament

15) What did the 2 disciples ask Jesus when they finally got close to their village of Emmaus?

- a) They asked him to give them food
- b) They asked him to sleep over at their house because it was getting very late
- c) They asked him to heal a sick man

16) How did they finally find out that he was Jesus?

- a) He told them it was him
- b) Because the guards came to their house looking for him
- c) He took bread and broke it and gave them to eat just like he used to do and that's when they knew it was him





17) What did the disciples do after they found out it was Jesus?

- a) They went back to Jerusalem right away to tell the other disciples what happened
- b) They asked him to tell them stories
- c) They fasted for 3 days

18) What happened while the 2 disciples of Emmaus were telling the other disciples the story of how they met Jesus?

- a) Peter said that he saw Jesus too
- b) They started to pray
- c) The Lord Jesus Himself appeared and stood in the middle of the room with them

19) What did the Lord Jesus do when the other disciples became scared and didn't believe it was him?

- a) He made them feel better and showed them His hands and feet
- b) He told them to touch Him to believe
- c) a and b



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20) What did Jesus eat with his disciples after he appeared to them?

- a) Bread and fish
- b) Grilled fish and wild honey
- c) Fish and chips

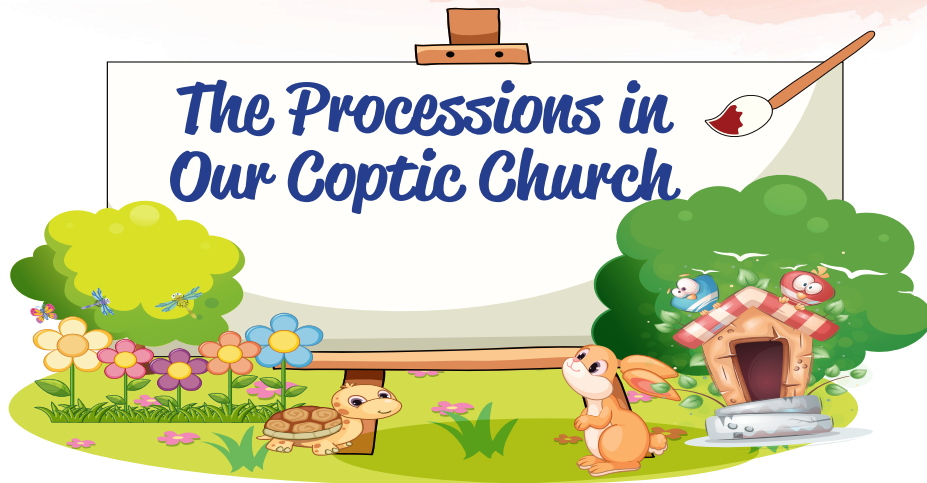
21) When the Lord Jesus rose from the dead and appeared to His disciples, their fear and sadness turned into joy, just like he made the promise to them before he died on the cross when he said:

"I will see you again and \_\_\_\_\_"  
\_\_\_\_\_ (John 16:22)



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1) Why did our beloved church put all the prayers in a certain order?

- a) So that we don't forget anything
- b) Because our Lord is the "God of order"
- c) To match what we do in school

2) What do we call the order in which our church organized its prayers?

- a) The prayer order
- b) The church rules
- c) The "Rites" of the church

3) Why does the church do the procession (Zaffa)?

- a) To show that she is joyful and happy
- b) To remember Jesus
- c) To bless the building





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4) How do the deacons take part in the procession?

- a) They stand in the front
- b) They all carry bibles
- c) They play the cymbals while they sing beautiful hymns

5) How do the people take part in the procession?

- a) They sing joyful tunes
- b) They clap
- c) They take pictures

6) What does the line leader deacon hold in his hand?

- a) A Shorya
- b) A cross
- c) A bible

7) What does the deacon at the end of the deacon line carry and which direction is he facing?

- a) He carries an icon suitable for the day of the celebration and he faces the front
- b) He carries a cross like the other deacons
- c) He carries an icon suitable for the day of the celebration and he faces Abouna



8) What does the deacon that's at the very end of the procession, behind Abouna, carry?

- a) He carries the incense box
- b) He carries a Shorya
- c) He carries a towel

9) Why do Abouna and the deacons circle the whole church?

- a) To bless the icons of the church
- b) To be organized
- c) To show that God is present in the church, blessing all His children who are attending the prayer

10) What does the cross that the line leader deacon carry have on each sides?

- a) A picture of the Lord Jesus crucified on one side and the picture of the Lord Jesus resurrected on the other side
- b) A picture of the Lord Jesus on one side and the picture of Saint Mary on the other side
- c) A picture of the apostle Matthew on one side and the picture of the Apostle Mark on the other side

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11) What does Abouna do with the icon that's in front of him?

- a) He anoints it with oil
- b) He raises incense in front of it
- c) He does the sign of the cross in front of it

12) Why does the line leader deacon carry a cross?

- a) Because the cross doesn't block the view
- b) Because the cross looks nice in front of the procession
- c) Because the Cross is the reason why we are always joyful because it is the symbol of our victory and salvation

13) Is the procession done in church only on the Feast of the Resurrection?

- a) Yes
- b) No, it is done on many other occasions, starting from the Feast of the Resurrection to the Feast of the Ascension and on the morning of the Feast of Pentecost, as well as on the feasts of the saints
- c) It is only done on the feasts of the saints





14) Why does Abouna raise incense?

- a) Because incense smell good in church
- b) Because just like the incense goes up to heaven, so our prayers go up to God in heaven
- c) Because incense have been used in church for years

15) Where does the procession start?

- a) In the alter
- b) Outside the church
- c) On the left side of the church

16) How many times do Abouna and the Deacons go around the Alter?

- a) 4
- b) 3
- c) 2

17) How many times do Abouna and the deacons go around the church?

- a) 2 times from left to right
- b) 3 times from right to left
- c) 3 times from left to right

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18) Do they circle the whole church the last time they go around?

a) Yes they do

b) No, they walk through the middle until they reach the altar

19) How many times do they go around the Alter after they re-enter it at the end of the procession?

a) 1 last time      b) 2 more times      c) 3 more times

20) What happens after Abouna and the deacons circle the alter at the end of the procession?

a) Everyone goes back to their seats

b) The deacon who is holding the icon stands at the door of the altar and all the priests come and raise incense in front of the icon.

c) The deacon who is holding the icon stays in the alter



21) Why does the church do a procession on the feasts of the saints?

- a) To honor them. As Abouna raises incense in front of their icons on their feast, the whole church praises God on earth, just like the saints praise God in heaven
- b) To celebrate their birthday
- c) To take their blessing

22) What other church rites show that the church is joyful?

- a) All the church's songs are sung in joyful tunes.
- b) The altar is dressed in a white veil decorated with the icon of the resurrection of the Lord Jesus, along with white flags and the coverings throughout the church
- c) The church plays movies
- d) a and b

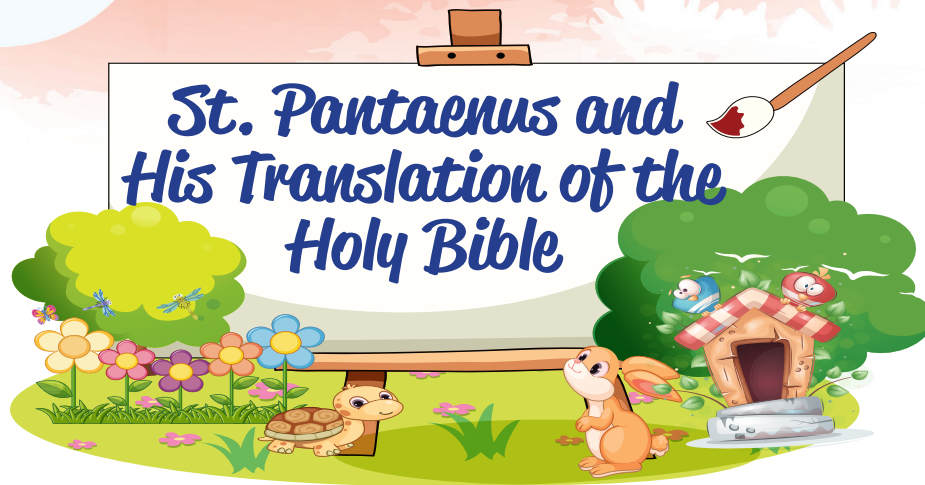
23) The church teaches us how to show our true joy just like the Bible says:

"I will be glad and \_\_\_\_\_  
\_\_\_\_\_ " (Psalm 9:2)



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When was Saint Pantaenus born?

- a) More than 300 years after the birth of Jesus
- b) More than 100 years after the birth of Jesus
- c) More than 200 years after the birth of Jesus

2) Saint Pantaenus was the principal of which school?

- a) The Theological School of Greece
- b) The Latin School of Alexandria
- c) The Theological School of Alexandria

3) What does a Theological school teach?

- a) All about Christ and the Church sciences
- b) Science and Math
- c) English and Latin



4) Why did Saint Pantaeus teach Christianity in many other countries?

- a) Because he loved to travel
- b) Because he loved the Bible and the Christian faith
- c) Because he had friends in other countries

5) Who did the Indian people ask to let Saint Pantaeus go preach in India?

- a) Pope Kirillos the 6th
- b) Pope Demetrius, the 12th Patriarch
- c) Pope Athanasius

6) What was the big surprise that happened when Saint Pantaeus was preaching in India?

- a) He found a copy of the Gospel of St. Matthew the Apostle written by Saint Matthew's own handwriting
- b) He found a copy of the Gospel of St. John the Apostle written by Saint John's own handwriting
- c) He found the cross that Jesus was crucified on

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7) What was one of the countries that Saint Pantaeus preached in on his way back to Alexandria?

- a) China                      b) Germany                      c) Ethiopia

8) What language were all the readings of the bible written in at the time of Saint Pantaeus?

- a) Coptic                      b) Greek                      c) Latin

9) Why did Saint Pantaeus want to translate the Bible into a language that the Egyptians can understand?

- a) Because he wanted to win a prize  
b) Because he wanted his students to pass a test  
c) Because he loved the commandments and teaching of the Bible and wanted everyone to read and understand them

10) What language did Saint Pantaeus translate the bible to?

- a) Latin                      b) Coptic                      c) English





11) Which books from the bible did Saint Pantaeus translate?

- a) All the books from the Book of Genesis until the Book of Revelation
- b) Books of the Old Testament
- c) Books of the New Testament

12) How many letters are in the Coptic language?

- a) 31 letters. 24 letters from the Greek Language and 7 letters from the Old Egyptian Language
- b) 32 letters. 25 letters from the Greek Language and 7 letters from the English Language
- c) 32 letters. 25 letters from the Greek Language and 7 letters from the Old Egyptian Language

13) What was Saint Pantaeus called because of his translation of the bible?

- a) The best principal
- b) Interpreter of the Word of God
- c) God's faithful servant

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14) Saint Pantaenus found joy in teaching people the word of God and his commandments, which made them joyful as well, just as the bible says:

"The commandment of the LORD is \_\_\_\_\_  
\_\_\_\_\_ " (Psalm 19:8)



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When was Saint Moses born?

- a) 1st century      b) 4th century      c) 6th century

2) What was Saint Moses when he was little?

- a) He was a slave to a family that worshipped the sun  
b) He was the master of a family that worshipped the sun  
c) He was a slave to a family that worshipped the moon

3) Was Moses a good person when he was young?

- a) Yes he was  
b) No, he did many bad things

4) Was Moses Joyful when he was young?

- a) Yes      b) No





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5) Did Moses want to know the True God?

a) Yes

b) No

6) What did Moses say in his prayer when he didn't really know God?

a) "Please God give me a lot of money"

b) "O God, please give me strength and wisdom"

c) "O God, whom I do not know, show Yourself to me."

7) What did the voice of God one day tell him?

a) "If you want to know the true God, go to the monks in the wilderness of Shehit"

b) "If you want a lot of money, you have to work very hard"

c) "If you want to be strong, you have to exercise a lot"

8) What does the word Shehit mean?

a) It's a Coptic word meaning the "Wilderness"

b) It's a Coptic word meaning the "Scale of Hearts"

c) It's a Greek word meaning the "Scale of Hearts"



9) Where is the Wilderness of Shehit?

- a) It's the area in Zeitoon, Egypt
- b) It's the area in Giza, Egypt
- c) It's the area in Wadi-al-Natrun, Egypt

10) Who was the first person to meet Moses when he first went to the wilderness?

- a) He met Abba Isidore
- b) He met Pope Kirillos
- c) He met Abba Macarius the great

11) Who taught Moses about our Lord from his birth to his resurrection?

- a) Abba Isidore
- b) Abba Macarius the great
- c) Saint Anthony

12) What did Moses realize when he spoke to the fathers of the wilderness?

- a) That what he was doing was so evil and did not make God happy.
- b) That life in the wilderness was good
- c) That the monks had many problems

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13) What did Moses do after what he learned in the wilderness?

- a) He went back to his old life
- b) He decided to help everyone in the wilderness
- c) He confessed all his sins out loud in the church

14) What was the amazing thing that happened when Moses was confessing his sins?

- a) The sick monks were healed
- b) Each time Moses confessed a sin, the angel erased it from the board it was written on
- c) A dove appeared

15) What did that amazing thing that happened when Moses was confessing his sins mean?

- a) It meant that the Lord accepted his repentance and forgave all his sins
- b) It meant that he needed to confess again
- c) It meant he needed to go back home





16) What is a verse that shows that God loves repentance?

a) I was Glad when they said to me "Let us go into the house of the Lord" ( Psalm 122:1)

b) There will be more joy in heaven over one sinner who repents." (Luke 15:7)

17) What did Saint Moses finally find after he was baptized and became a monk and practiced all means of grace?

a) He found the true Joy he was looking for

b) He found a lot of knowledge

c) He found some old books

18) What are some of the means of grace?

a) Exercise and eating well

b) Prayer, fasting and reading the Holy Bible

c) Working hard

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19) What's an example of how St. Moses used his power to help others after his repentance?

- a) Saint Moses would cook for the entire group of monks
- b) Saint Moses used his strength to remodel the monks' rooms
- c) When the older monks would go to sleep, Saint Moses would take their water jars and fill them from the very far well

20) What did Saint Moses do to the thieves who attacked him in his cell?

- a) He beat them
- b) He tied them together with a rope and led them to the church so that the monks can punish them
- c) He turned them over to the police

21) When he was asked to deal with the thieves himself, what did he do to them?

- a) Saint Moses forgave them and hosted them
- b) Saint Moses punished them
- c) Saint Moses asked them to leave the wilderness



22) Who did the thieves turn out to be?

- a) The Barbarians
- b) His old friends
- c) Thieves from Syria

23) What happened to the thieves when they saw how Saint Moses treated them kindly?

- a) They thought it was a trick
- b) They went back to their evil ways
- c) They repented all their evil deeds and tasted the meaning of true joy

24) When do we celebrate Saint Moses' Martyrdom?

- a) 18th of Toba
- b) 24th of Baounah
- c) 24th of Baramouda

25) Where does Saint Moses' blessed body rest?

- a) In the Monastery of the Virgin Mary, Al-Baramos, in Wadi Al-Natrun
- b) In the Monastery of Saint Mina
- c) In the Monastery of Saint Anthony

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*Deuteronomy 16:15*

26) God forgives every sin we confess just as he promised and said:

"If we confess our sins, \_\_\_\_\_  
\_\_\_\_\_ " (1John1:9)





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1) Who took the little Israelite girl in this story captive?

a) The Amorites    b) The Arameans    c) The Parizzites

2) What was Naaman's job?

a) He was the primary physician  
b) He was the king's private helper  
c) He was the commander of the army

3) Why was Naaman not happy?

a) He lost a lot of money  
b) He was sick, he had leprosy  
c) He was sick, he had the flu

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4) How did the little girl help Naaman?

- a) She told one of the other servants about the prophet in Israel
- b) She asked her master to pray
- c) She told Naaman's wife "I wish the master could go to Samaria and have the prophet there pray for him so that God can heal him"

5) How did the girl show so much love to others?

- a) She didn't think that she was in a strange land but instead shared God's love and power to heal with everyone
- b) She gave her food to other servants
- c) She wrote letters to people back home

6) What was the name of the prophet of Israel at that time?

- a) Isiah
- b) Elijah
- c) Elisha



7) What did Naaman's king do when Naaman told him about the prophet in Israel?

- a) He told him not to go to Samaria since they're enemies
- b) He told him to go to Samaria and he sent private messages with him to the king of Israel asking him to heal Naaman
- c) He told him to go to Rome instead since there are good doctors there

7) Why was the king of Israel scared when Naaman gave him the letters?

- a) Because he knew that he could not heal Naaman and worried that that might make the king of Aram come and fight him
- b) Because he thought it was a trick played by the king of Aram
- c) Because his servants told him there's a big army outside

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8) What did Elisha do when he heard about Naaman's visit to the king of Israel?

- a) He told the king to not get involved and to send Naaman home
- b) He told the king to send Naaman to him
- c) He told the king that he would just pray for Naaman

9) What did Naaman expect Elisha to do?

- a) He expected him to ask for gifts
- b) He expected him to come out to meet him and pray for him
- b) He expected him to perform a bunch of magic tricks

10) How many times did Elisha tell Naaman to wash himself?

- a) 3 times in the Jordan river
- b) 7 times in the Nile river
- c) 7 times in the Jordan river





11) Why was Naaman upset when Elisha asked him to wash in that river?

- a) Because he thought there are better rivers in his country
- b) Because he didn't want to walk
- c) Because he thought he was mocking him

12) What happened to Naaman when he finally listened to Elisha?

- a) Nothing happened and he was mad at Elisha
- b) His skin became whole again just like the skin of a little baby
- c) The color of the water in the river turned red

13) Why did Elisha refuse to accept any gifts from Naaman?

- a) Because he had enough and didn't need anything else
- b) Because it wasn't him that healed Naaman, it was God
- c) Because he didn't like the gifts Naaman brought

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14) What did Naaman think of the God of Elisha after he was healed?

a) He thought it was just a coincidence that he was healed

b) He thought there are many good Gods out there

c) He thought that there is no greater God in the whole earth than the Lord God of Israel

15) The servant girl was joyful in the Lord and helped give joy to all those around her, just as the Verse says:

"For You, LORD, have made me \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_"

(Psalm 92:4)





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*Deuteronomy 16:15*



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THE LORD  
YOUR  
GOD  
WILL BLESS YOU  
IN ALL YOUR PRODUCE  
and in all the work of your hands,  
SO THAT YOU SURELY  
*Rejoice*  
DEUTERONOMY 16:15



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