



THE COPTIC ORTHODOX DIOCESE OF  
NEW YORK AND NEW ENGLAND  
**MAHRAGAN EL-KERAZA**  
2018

**Regional Level**  
**Grades 7-8**

Name: «M\_7th8th»

Church: «F4»

ID: «F1»

**DIRECTIONS:** Please read ALL directions given before answering any of the questions in this book. Following directions will help you answer correctly.

For **SERVANTS** use only. Please do **NOT** make any marks in this page.

**ID: «F1»**

	Lesson	Points Earned	Servant Initial
1	❖ Be Ready ❖ Turn and Come back quickly		
2	❖ Be Ready to Unite with God		
3	❖ Be Ready and Carry the Whole Armor of God		
4	❖ Be Ready with your Measuring Device		
5	❖ Be Ready for Eternal Life		
	Total		

Reviewed By: \_\_\_\_\_

Signature: \_\_\_\_\_

# 1. Section I

## Turn and Come Back Quickly

### The Book of Judges

**Direction:** For questions 1-10, check the best choice that answers the corresponding question. Check only **ONE** answer as multiple answers will result in **ZERO** credit. [Boston]

1. **When Adam and Eve sinned, they were given \_\_\_\_\_:**
  - a. The Holy Spirit
  - b. **A new nature**
  - c. Crowns on their heads
  - d. Eternal life
  
2. **Through His Crucifixion:**
  - a. God's creation was restored
  - b. The promise of salvation was fulfilled
  - c. He sent us His Holy Spirit
  - d. **All of the above**
  
3. **In Greek, EGO EIMI means:**
  - a. O God
  - b. Jesus Christ
  - c. **I am**
  - d. Son of God
  
4. **The Church teaches us the importance of:**
  - a. Aggressively defending our faith in front of others
  - b. **Understanding the substance of our faith and protecting it from heresies**
  - c. Helping believers to convert
  - d. All of the above
  
5. **Which of the following statements is true about the Coptic Orthodox Doctrine?**
  - a. **It uses the Holy Bible as the source for its rituals and creed**
  - b. Has adapted its beliefs to the ways of the surrounding world
  - c. Has elevated the Virgin Saint Mary to the divinity of God
  - d. Creates new rituals every ten years
  
6. **In order to achieve readiness for eternal life with the Lord Jesus Christ, we need \_\_\_\_\_.**
  - a. Humility
  - b. **Divine Grace**
  - c. Obedience
  - d. Discernment
  
7. **Where was the "TREE OF LIFE" placed in the garden of Eden?**
  - a. Next to the waterfall
  - b. By the pond
  - c. In a place where man cannot reach
  - d. **In the midst**
  
8. **If the goal of the First Coming is salvation, then the goal of the Second Coming will be \_\_\_\_\_.**
  - a. **Repentance**
  - b. forgiveness
  - c. communion
  - d. judgment

- 9. When being prepared for daily life I should do which of the following?**
- Make the best decision to please God, my church, and my family**
  - Do what I feel like
  - Do what others tell me to do
  - Make every decision revolve around myself

- 10. Our ecclesiastical membership is one that unites:**
- The believers on earth together
  - The congregation and the clergy
  - The believers on earth and the saints in heaven and our Lord Jesus Christ**
  - The heavenly hosts and God

**Direction:** For question 11, write down your answer on the lines below.

**11. What are three questions I should ask myself before making every decision in my life?**

1. Is this decision appropriate for me as the son/daughter of God?
2. Is this decision constructive to my life, my family, church, and country?
3. Is taking this decision going to make me a humiliated slave to things such as smoking, drugs and lustful deeds?!

**Direction:** For question 12 and 13, cite a verse from the Holy Bible to answer each of the following questions.

**12. Provide a verse that says we should be ready to partake of the Holy Body and Blood of our Lord** (Just write the Biblical verse and the reference)

**“Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord.” (1 Cor. 11:27)**

**13. Provide a verse that shows that we must be ready through faith.** (Just write the Biblical verse and the reference)

**“Therefore, I said to you that you will die in your sins; for if you do not believe that I am He, you will die in your sins.”**

**(John 8:24)**

1. Section I Turn and Come back quickly The Book of Judges			Total  200 Points
10 Multiple Choice Qs	1 Open ended Q	2 Verse Qs	
Number of correct answers X 10 points	50 points	25 Points each	

## 2. Be Ready to Unite with God

**Direction:** For questions 14-23, check the best choice that answers the corresponding question. Check only **ONE** answer as multiple answers will result in **ZERO** credit. [Brooklyn]

- 1- The judges had power and authority, but they were not like the kings as God was the unseen king of the people and He sent His messages through\_\_\_\_\_.
- the High Priest
  - the Judge
  - the King
  - the Angel
- 2- The characters of those judges pointed to the true and\_\_\_\_\_, Jesus the Son of God.
- ultimate Judge
  - dictating Judge
  - tenacious Leader
  - wise Chief
- 3- Why did God allow the enemy to have some victory over Israel?
- To punish them
  - To discipline Israel
  - To show His power
  - To make them ask for forgiveness
- 4- Joseph ascending to Bethel indicates that we cannot enter the \_\_\_\_\_ except through God Himself who reveals His mysteries to us.
- house of prayer
  - house of God
  - house of worship
  - Godly house
- 5- Who was the fourth judge of Israel?
- Sisera
  - Ehud
  - Deborah the prophetess
  - Jael
- 6- When did Deborah sing “the song of victory”?
- When Deborah needed help from God
  - When Israel was destroyed by Sisera
  - When God saved Israel from Sisera
  - When Midian was humiliated
7. What is the element placed by God in man through which man communicates with God and understands faith?
- spirit
  - soul
  - mind
  - Body
8. Who benefits the most from one’s service?
- The kids in Sunday school
  - The church as a whole
  - The servant him/herself
  - None of the above
9. Our Coptic Orthodox doctrine’s lack of deviation from the path pursued by the Holy Apostles until today reflects which quality of our doctrine?
- Sound
  - Straight
  - Complete
  - Biblical
10. Our Coptic Orthodox doctrine’s going hand in hand with the teachings of the Bible and Holy Tradition with the help of theologians reflects which quality of our doctrine?
- Sound
  - Straight
  - Complete
  - Biblical

**Direction:** For question 11, write down your answer on the lines below.

**11. The Book of Judges presents three topics, please state them.**

- a) The state of the people after the death of Joshua (Chapters 1-5)
- b) The rule of the judges (Chapters 3-16)
- c) Two occurrences at the time of the judges (Chapters 17-21)



**Direction:** For questions 12 & 13, write the Biblical Verse on the lines below.

**12. Write a verse about the spirit of the Lord and Othniel.** (Write only the Biblical verse and the reference.)

The Spirit of the Lord came upon him.” (Judges 3:10)

**13. What did Deborah tell Barak to encourage him?** (Write only the Biblical verse and the reference.)

“Arise, for this is the day in which the Lord has delivered Sisera into your hand. Has not the Lord gone out before you?” (Judges 4:14)

<b>2. Section II</b>			<b>Total</b>
<b>The Book of John Part II</b>			
<b>10 Multiple Choice Qs</b>	<b>1 Open ended Q</b>	<b>2 Verse Qs</b>	<b>200 Points</b>
<b>Number of correct answers X 10 points</b>	<b>50 points</b>	<b>25 points</b>	

### 3. Be Ready and Carry the Whole Armor of God

**Direction:** For questions 27-36, check the best choice that answers the corresponding question. Check only **ONE** answer as multiple answers will result in **ZERO** credit. [Queens]

**1. The men who fought with Gideon were:**

- a. 135,000 fighting against 32,000
- b. Those who fell on their knees to drink water
- c. 10,000 only because 22,000 returned home
- d. **Those who casted their hands against their mouths to drink water**

**2. Gideon was:**

- a. A brave man who could do miracles
- b. **A symbol of our Lord Jesus Christ**
- c. A king of Israel
- d. A symbol of Moses the prophet

**3. The men who fought with Gideon carried with them:**

- a. Silver and Gold
- b. Tents and weapons
- c. Provisions that represent the word of God
- d. **Trumpets that represent the word of God**

**4. Gideon heard a man telling his friend that:**

- e. **He saw a dream of "a loaf of barley bread"**
- a. Gideon is poor and weak
- b. The Midianites are strong and powerful
- c. they are afraid because the Lord is with Gideon

**5. The men of Ephraim:**

- a. Broke their jars and blew their trumpets to terrify the Midianites
- b. **Took out all the streams of water from the Midianites' region**
- c. Killed 135,000 Midianite
- d. Refused to help Gideon

**6. The people of Ephraim:**

- a. Were angry at Gideon because many of them were killed in the war
- b. Were rebuke by Gideon because of their rebellion
- c. Killed Crow who refers to the devil and Wolf who refers to a wicked spirit
- d. **Killed Wolf who refers to the devil and crow who refers to a wicked spirit**

**7. The people of Succoth:**

- a. Gave bread and water to Gideon's men
- b. **Refused to give bread and water to Gideon's men**
- c. Killed the kings of Midian Zebah and Zalmunna
- d. Beat the kings of Midian with thorns of the earth

**8. We learn from the war against the Midianites:**

- a. We should be strong and able to fight
- b. We should revenge and kill our enemies
- c. We can overcome Satan if we follow Gideon's plans
- d. **We can have victory over the devil under the Leadership of our lord Jesus Christ**

**9. Gideon:**

- a. Became the king of Israel after he won the war against the Midianites
- b. Had 40 sons
- c. **There was peace for 40 years in his days**
- d. After his death the Israelites continued to worship God

**10. The book of Judges teaches us:**

- a. The Israelites were always faithful to God
- b. **It is important to have a life of repentance and be always ready**
- c. God would send a Judge to punish the Israelites for their mistakes
- d. To remember God only at times of tribulations

**Direction:** For question 11, write down your answer on the lines below.

**11. The Coptic Church is an Evangelical church.**

- A) What do we mean by an “Evangelical” Church?
- B) How can you prove from the church prayers that the Coptic Church is an Evangelical church?

**1.A** There are some readings for the days of the year with a limit of 60, for the rest of the days the readings are borrowed from the 60 readings. Therefore a large number of readings repeat over the course of the year.

**1.B** The special day is the first of Bashans, which coincides with the birthday of the Virgin Mary. So we read the Liturgy Gospel which speaks of the visit of the Blessed Virgin Mary to St. Elizabeth (Luke 1:39-56). The same reading is repeated on the other days (borrowed days) that celebrates the Virgin Mary such as: The 3<sup>rd</sup> of Kiahk; the date she entered the Temple, and 21<sup>st</sup> of Tuba; the commemoration of her departure.

**Direction:** For question 12 and 13, cite a verse from the Holy Bible to answer each of the following questions.

**12. Mention a verse that the word of God makes us clean spiritually.** (Write only the Biblical verse and the reference)

“You are already clean because of the word which I have spoken to you.” (John 15:3) (p. 39)

**13. God the Father is pleased to give us the Kingdom of heaven. What verse tells us this?** (Write only the Biblical verse and the reference)

“Do not fear, little flock, for it is your Father’s good pleasure to give you the kingdom.” (Luke 12:32) (p. 42)

3. Be Ready and Carry the Whole Armor of God			Total
10 Multiple Choice Qs	1 Open ended Q	2 Verse Qs	200 Points
Number of correct answers X 10 points	50 points	25 points each	

## 4. Be Ready with your Measuring Devices

**Direction:** For questions 40-49, check the best choice that answers the corresponding question. Check only **ONE** answer as multiple answers will result in **ZERO** credit. [Stony Point]

1. The term "Orthodox" refers to a belief that is \_\_\_\_\_ and \_\_\_\_\_.  
 A. faithful and pure  
 B. eternal and everlasting  
 C. **straight and true**  
 D. rich and unwavering
2. Christians are not kings of themselves, but belong to who?  
 A. **The one who bought them**  
 B. The one who remembers them  
 C. The one who gave the Way to them  
 D. None of the above
3. Before exercising our freedom as humans and Christians what must we first ask our Lord?  
 A. I am having a good time, is it okay to have fun?  
 B. Am I breaking any of the commandments?  
 C. **Is what I'm doing agreeing with You, blessing and glorifying you?**  
 D. All of the above
4. You \_\_\_\_\_ be controlled by any sin, bad habit, or bad behavior that has the potential to enslave you.  
 A. Can't  
 B. **Shouldn't**  
 C. Wouldn't  
 D. None of above
5. Which of the following were types of addictions provided in the book?  
 A. An addiction to social media  
 B. An addiction to smoking  
 C. An addiction to drugs  
 D. **All of the above**
6. Every work we do must contribute to increasing our faith or the faith of others whilst also doing which of the following?  
 A. Glorify Our God in the Heavens  
 B. **Help our own spiritual progress**  
 C. Strengthen our relationship with others  
 D. None of the above
7. We should not do anything that hurts us spiritually or that might become \_\_\_\_\_.  
 A. **A cause of stumbling for others**  
 B. A cause of joy for others  
 C. A cause for argument with others  
 D. None of the above
8. In every action and in all my dealings I should measure myself based on these three previously mentioned criteria:  
 A. Does this action agree with me being a Christian as the son of God?  
 B. Does this action build my life and my life with others?  
 C. Will this control me? Will I become a slave to it? Is it something that I won't be able to stop, leading to the loss of both my earthly life and eternity?  
 D. **All of the Above**
9. The devil is always seeking to spoil our minds concerning the \_\_\_\_\_ that we have in Jesus Christ.  
 A. Purity  
 B. Resemblance  
 C. **Simplicity**  
 D. Faithfulness

10. The book provides certain imagery when explaining how to “cut the relationship”. The book explains we must be firm and severe in dealing with any complacency or sin. We should not even allow the devil to enter from \_\_\_\_\_.

- A. The gate of our hearts
- B. Beneath the door
- C. Our rambling minds

D. None of the above

**Direction:** For question 11, write down your answer on the lines below.

**11 Give a short description of the Purification Stage and provide the analogy used in the book.**

Purification Stage: Imagine you have a cat in your house and left it during a long vacation, asking your neighbors to take care of it. But when you come back you find that your cat has died and the whole house smells terrible. What do you do? The first thing you’d probably do is get rid of the cat’s body but even then the bad smell and germs will remain. The house must then be cleaned! In the same way, you should not just remove sin and evil thoughts out of your life, but also be purged of their effects. Cleanse your cell phone, your computer, and all your means of communication your whole life. p.61

**Direction:** For questions 12 and 13, write the Biblical Verse along with the reference on the lines below.

**12- According to Apostle Paul when he told the Corinthians that they live not for themselves, it made them understand the purpose of living on earth. Please write down the verse which supports this point:  
(Write only the Biblical verse and the reference)**

*“Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? 20 For you were bought at a price; therefore glorify God in your body and in your spirit, which are God’s.” (1 Corinthians 6:19-20) p.59*

**13- Write down one of the verses which mean that all actions we perform must conform to the Christian life, the Christian commandments, and the work of the Holy Spirit.**

(Write only the Biblical verse and the reference)

*“All things are lawful for me, but all things are not helpful. All things are lawful for me, but I will not be brought under the power of any.” (1 Corinthians 6:12) p.60*

4. Be Ready with your Measuring Devices			Total
10 Multiple Choice Qs	1 Open ended Q	2 Verse Qs	
Number of correct answers X 10points	50 points	25 points each	

## 5. Be Ready for Eternal life

**Direction:** For questions 53-62, check the best choice that answers the corresponding question. Check only **ONE** answer as multiple answers will result in **ZERO** credit.

1. Which of the following does not properly describe a Christian?
  - a. They look forward to eternal life.
  - b. They share a common nationality with the rest of humankind.**
  - c. Their habits must be different than that of other people.
  - d. They are God's workmanship.
  
2. What does "Orthodox" mean?
  - a. "Egyptian"
  - b. "Not Catholic"
  - c. "True" or "Straight"**
  - d. "Belonging to God"
  
3. Christians do not have absolute freedom in what they do, say, hear, or wear.
  - a. True**
  - b. False
  
4. Who in the New Testament was taken up to the third heaven?
  - a. St. Peter
  - b. Elijah
  - c. Enoch
  - d. St. Paul**
  
5. Which of the following is the first heaven?
  - a. God's throne
  - b. The sky**
  - c. Paradise
  - d. The galaxy
  
6. Which of the following is the second heaven?
  - a. Paradise
  - b. The galaxy**
  - c. The sky
  - d. God's throne
  
7. Which of the following is the third heaven?
  - a. The sky
  - b. God's throne
  - c. The galaxy
  - d. Paradise**
  
8. In which book does St. John describe the new heaven and new earth he has seen?
  - a. 1 John
  - b. Revelation**
  - c. The Gospel according to St. John
  - d. 3 John
  
9. What is the City of God (heaven) made of?
  - a. Pure gold**
  - b. Clouds
  - c. Light
  - d. None of the above
  
10. What is the significance of the City of God having equal dimensions?
  - a. There are no dimensions; the city is limitless.
  - b. The city is perfect as God is perfect.**
  - c. The city is cubical in shape, showing how orderly the Creator is.
  - d. Just as the length, width, and height are equal, the Father, Son, and Holy Spirit are equal in divinity.



**Direction:** For question 11, write down your answer on the lines below.

**11- What are the three things one must do when realizing that an action he or she does is not befitting of a Christian? Briefly explain each.**

“1- Cut the relationship: Be firm and severe in dealing with any complacency or sin and do not even allow the devil to enter from “beneath the door”. If you allow him in even once, he will enter all doors without permission.

2- Purification Stage: Imagine you have a cat in your house and left it during a long vacation, asking your neighbors to take care of it. But when you come back you find that your cat has died and the whole house smells terrible. What do you do? The first thing you’d probably do is get rid of the cat’s body but even then the bad smell and germs will remain. The house must then be cleaned! In the same way, you should not just remove sin and evil thoughts out of your life, but also be purged of their effects. Cleanse your cell phone, your computer, and all your means of communication your whole life.

3- Be Careful: The devil is always seeking to spoil our minds concerning the simplicity that we have in Christ Jesus. He may exploit earlier thoughts or sins that he placed in our minds, even those for which we already offered repentance. The devil can use small situations to return sin back into your life. He waits for any small sign to return, enter, and occupy your mind. Instead of filling your mind with prayers and sermons and having it dedicated to the Lord only, the devil turns it into a mind that **USED TO BE** dedicated to the Lord.”

**Direction:** For questions 12 and 13, write the Biblical Verse along with the reference on the lines below.

**12- Recite the verse that explains why not everyone will enjoy heaven.** (Write down the verse and the reference)

“because narrow is the gate and difficult is the way which leads to life, and there are few who find it.” (Matthew 7:14)

**14-Recite the verse on the importance of Communion and its relation to eternal life.** (Write down the verse and the reference)

“Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day.” (John 6:54)

5. Be Ready for Eternal Life			Total
10 Multiple Choice Qs	1 Open ended Q	2 Verse Qs	
Number of correct answers X 10 points	50 points	25 points each	200 Points